



Canada's most complex organism

Metro looks at the multisided seal debate PAGES 12 & 13

Ford offered \$5K for video?

Police believe they overheard people on wiretaps saying the Toronto mayor was looking for a video





New Winnipeg Blue Bombers head coach Mike O'Shea grins as GM Kyle Walters speaks to media oi Wednesday. SHANE GIBSON/METRO

Ex-Boatman hired to right Bombers ship

CFL. Winnipeg dips into Argonauts pool to grab Canadian Mike O'Shea as new head coach

The Winnipeg Blue Bombers are taking that first letter in CFL very seriously, naming Canadian Mike O'Shea as their new head coach on Wednesday.

He was recruited by former University of Guelph teammate Kyle Walters, Winnipeg's new general manager.

"Being Canadian is ex-

"Being Canadian is extremely important to me," O'Shea said after he was introduced as the team's 30th head coach.

But he admitted his nationality hadn't really crossed his mind as he accepted his first head-coaching job. He was

special teams co-ordinator with the Toronto Argonauts, also his home for most of his 16 years in the league.

O'Shea succeeds Tim Burke, who was sacked after Winnipeg tied its worst record ever in the 18-game CFL this season at 3-15.

Not that O'Shea likes to think of this as a rebuilding effort, which suggests a process that might take some time.

He got a round of applause from the fans in the room when he made that clear.

"I know what I believe and the only reason you start a season is to win a Grey Cup, so it's my job as a coach ... to get people to buy into that."

Not long removed from his playing days, some may see O'Shea as too young and inexperienced, but that notion was quickly refuted by Argonaut Matt Black, who played

under O'Shea for four seasons in Toronto.

"These people that don't think O'Shea is qualified are sorely mistaken," Black posted on his Twitter account.

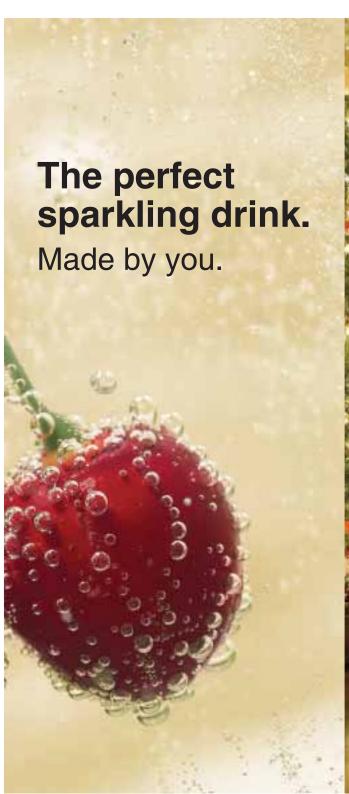
THE CANADIAN PRESS

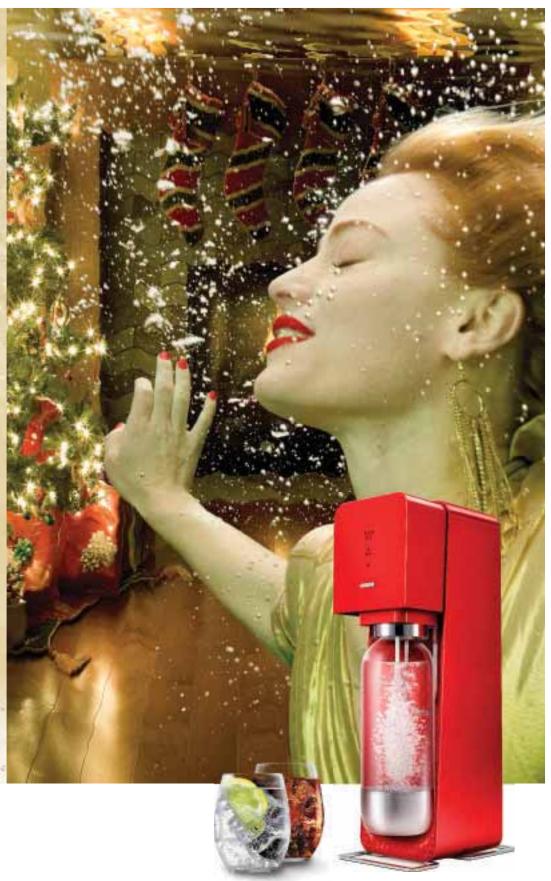
More Argo tweets

Several Argos took to Twitter to wish O'Shea well.

- "Just found out that our Special Teams Ace is moving on and up!" posted Chad Johnson.
- Added Andre Durie: "It has been a true honour to have played with and Developed under Coach O'Shea ...wish him all the best in the Peg....except against us."











Winnipeg Harvest appeals to public for cash, baby formula



Hunger for Hope. Nonprofit program feeds 1,600 infants per month



SHANE GIBSON shane.gibson@metronews.ca

A financial shortfall combined with a sharp increase in demand has left Winnipeg Harvest's Hunger for Hope program with no option but to appeal to the public for donations of both cash and baby formula.

Every month 1,600 infants are fed across Manitoba through Hunger for Hope and the program needs \$200,000 a year to keep the formula and baby food flowing.

Right now the program is short about \$100,000 and that means some mothers already on a limited income may be forced spend the \$40 to \$50 a week needed to buy formula for their young ones.

"It's very expensive," said Pam Harper, 41, who's relied on the program for the last decade to feed her own children, and is now using it to feed her one-year-old niece, Alizaya. "I encourage people to continue supporting the program. It gives us that little bit extra to buy for the house, you know, the food for the other kids."

At the same time that money is running low, the program is seeing a large uptick in use, according to Kate Brenner, Winnipeg Harvest's director of development.

"The need is there, it remains steady and is actually increasing," she said, noting right now nearly 27,000 children receive food from the non-profit, up from just 5,500 13 years ago. "We've been able to keep up with the demand pretty well, but that's why we're here today, we're runing short and if we don't have the money we can't buy it."

Harvest asks that only iron rich formula (both powder and liquid) be donated, and donations of both formula and cash can be taken to their building at 1085 Winnipeg Ave.

Want to donate?

For more info about Hunger for Hope and other Winnipeg Harvest programs, go to winnipegharvest.org.

The other pool

Fellow EPC Coun. Brian Mayes defended the \$3 miltion for St. Vital Centennial Outdoor Pool that angered some Sherbrook Pool supporters, claiming the funding was allocated in 2010 and was still in the 2012 budget.

Sherbrook Pool could reopen in 2014: Katz

The reopening of the Sherbrook Pool got a big wave of support from the city's top elected official.

Mayor Sam Katz said Wednesday that if the community consultation reveals that residents want the pool repaired and re-opened, it will happen. "I have sat down with (ward Coun. Harvey Smith) and told him we should be working together and I believe we can get that Sherbrook Pool open, I truly do believe that," said Katz after the morning's executive policy committee meeting.

"When I make that statement, I'm referring to the monies that are required to one: put it in a safe state of affairs, so that people can enter and exit and use the facility, and then No. 2: to do the upgrades on the mechanical and electrical"

Katz said he's asked the department to update the price tag on Sherbrook Pool, which currently stands at \$2.8 million.

He also said the goal would be to get the work done in 2014.

BERNICE PONTANILLA/METRO

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Services. City discloses more info on wastewater deal with RM of Rosser

More details were released Wednesday on a servicesharing agreement between the City of Winnipeg and the Rural Municipality of Rosser for Manitoba's inland CentrePort.

Mayor Sam Katz announced last Friday that a deal on wastewater was struck while he gave a speech at the Manitoba Heavy Construction Association's awards breakfast.

The city said the deal was finalized on Monday and under it, the RM will pay the city a one-time buy-in fee and connection charge, the same sewer rate charged to Winnipeggers and an an-

nual participation fee.

Katz said Wednesday there are several advantages to the service-sharing deal with Rosser, including that the city has the capacity for it.

"And we can bring in some revenue," he said. "I think we all know the potential of what could be happening in the Centre-Port district in Rosser, how that would create, potentially, large distribution centres, quality jobs, etc."

The wastewater will be treated at the city's North End sewage-treatment plant.

BERNICE PONTANILLA/METRO

2014

New spray pad coming with hiked recreation budget

The city's budget for 2014 will see funding double for recreation facilities in Winnipeg and will include a new spray pad in the North End.

Mayor Sam Katz said the budget sees an increase of \$3 million in funding for the newly created Parks and Recreation Enhancement Program, an amalgamation of two programs that included parks and playground enhancement.

"Investing in our recreation facilities is a top priority for the City of Winnipeg," said Katz in a press release.

"The new Parks and Recreation Enhancement Program will allow the city to make investments in neighbourhood facilities, such as the spray features at Machray Park, which will provide area families with fun, convenient recreation opportunities for years to come."

Machray Park will see a \$725,000 investment.

"I'm pleased to see residents in North End Winnipeg will have access to a spray-pad facility that will give kids a muchneeded place to play during the hot summer days and, knowing that if the weather gets extremely hot, the operating times of the spray pad can be extended as it doesn't require staffing," said area Coun. Ross Eadie.

Funding for the spray pad and other park improvements will be voted on by city council on Dec. 17.

ELISHA DACEY/METRO

Charter change sought to empower ethics watchdog

Committee. Mayor's motion asks province to make amendment for imminent creation of new city office



BERNICE PONTANILLA

Mayor Sam Katz is calling on the provincial government to add some teeth to the city's soon-to-be created office of ethics commissioner.

Katz introduced a new motion at Wednesday's executive policy committee meeting that asks the Manitoba government to amend the city's Charter Act to give the ethics commissioner "investigative powers and the ability for council to sanction members of council, statutory officers and members of the Winnipeg public service."

Katz said he'd like to see a commissioner at the city level, but "without powers it's a waste of time."

"If we're going to do it, we're going to do it right. This is where we landed on and it was supported unanimously, so I'm happy," said Katz, adding in his ideal scenario, the ethics commissioner would be a retired judge who could work parttime.

"Makes a lot more sense doing it that way as (opposed) having a full-time employee sitting around waiting and waiting and waiting."

Asked by Metro if this move may appease those



Responsibilities of the ethics commissioner

- Providing oral and written advice on questions of conflict or code matters
- Investigating complaints involving conflict or code

who have been critical of city hall over the last year, Katz said he doesn't "think it'll make any difference, but I think to have one is a good thing."

transgressions.

 Reporting to council on investigations and recommending subsequent actions and sanctions as required.

The mayor said he has written to the provincial government several times since 2009 asking for the creation of an ethics commissioner.

Earlier this year, provincial officials said the city has the power to do so on its own. Katz said the city can create the office, but to exercise power requires the Charter Act amendment.

In an email to Metro, a provincial spokesperson disputes the need for an amendment, saying the charter "already gives council the ability to create an ethics commissioner."

The ethics-commissioner motion now heads to the Dec. 11 city council meeting.



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ell me the story of Everest," she said, a fervent smile sweeping across her face, creasing the corners of her eyes. "Tell me about this mountain that's stealing you away from me."

George and Ruth sat on the drawing room floor, laughing and tipsy, dinner growing cold on the table in the next room. Buth was cross-legged opposite him, her gray skirt pulled tight across her knees. She picked up the single sheet of thick loory paper from her lap and reread the invitation from the newly formed Mount Everest Committee again. "My husband, the world-famous explores." Buth held up her glass of wine and he reached out with his own, the crystal ringing in the lamplit room. She was fairly bursting with happiness.

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Winnipeg: Prepare your snow brushes

Janelle Wotton, 24, worked fast to brush the snow off her car as the flakes kept falling Wednesday afternoon. Environment Canada said to expect 10 centimetres during the day and as much as 5 cm more into the evening Wednesday. Wotton and all Winnipeg snow brushers were not helped by blowing snow pushed around by 40 km/h winds that gusted to 60 km/h. Shane GIBSON/METRO

New hotel set to open in Winnipeg's Waterfront District

Dec. 15. Reservations now being taken

Winnipeg's newest boutique hotel is poised to open its doors in the heart of the city's burgeoning Waterfront District later this month.

The Mere Hotel, which has been under construction near the bank of the Red River on Waterfront Drive between James and Pacific avenues for months, is now accepting reservations for stays starting Dec. 15.

Developed by Sunstone Boutique Hotels and managed by Sparrow Hotels — the same local management company behind Inn at the Forks and the Norwood Hotel — the new hotel features leading-edge design, environmental sustainability practices, and tech-savvy amenities, according to a release sent out Wednesday.

"It's about a lifestyle," explained Sparrow Hotels CEO Ben Sparrow in the release. "Our guests want more than just a place to sleep. They want to experience our city, our culture, and be part of the energy that is quickly growing in The Exchange Waterfront District and Downtown Winnipeg."

The development will also include a new fully licensed Mediterranean-inspired restaurant, Cibo Waterfront Café, which will open for breakfast, lunch, dinner and late-night munchies starting this month. METRO

'A wonderful investment'

Assiniboine Park Conservancy's Imagine a Place campaign gets \$1 million donation

The Assiniboine Park Conservancy's goal of raising \$200 million to help with the lofty redevelopment work currently underway at

the zoo got a huge shot in the arm Wednesday with a \$1 million donation.

The gift comes from Globe General Agencies president and CEO Richard Morantz, Sheree Walder Morantz and their family, and will be used to help finish the 10-acre Journey to Churchill exhibit expected to open at the zoo next summer.

"The redevelopment of Assiniboine Park and Zoo is a wonderful investment, one that will create an amenity of both tangible and intangible value for Winnipeggers and their guests for years to come," said Richard in a release Wednesday. "It is our hope that our gift will encourage others to support the Park and Zoo in whatever way they can."

The donation brings the total of the conservancy's Imagine a Place Campaign to \$121 million. METRO



Don't forget to get your goat

Long & McQuade

Bianca, a nearly two-year-old goat from Keystone Farms in Anola, was in Winnipeg on Wednesday with her owner Bill Paulishyn to thank Manitobans for their generosity towards World Vision. The Canadian charity has launched its annual Christmas gift catalogue, where you can buy a goat, chickens or medicine for a community in need. Visit worldvision.ca/gifts for more information. BERNICE PONTANILLA/METRO



All money raised from the event will go to support the Children's Hospital wish list.

For more information, visit goodbear.mb.ca.

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Police think Ford offered to buy video for \$5K and a car

Rob Ford saga. City council stripped him of most of his powers last month, but he said he'll run in the next municipal election

Police believe they overheard people on wiretaps during a gang investigation saying Toronto Mayor Rob Ford offered \$5,000 and a car in exchange for a video, according to a newly released police document.

The document contains police evidence from wiretaps on which alleged gang members and men arrested in a sweeping guns and drugs investigation talk with familiarity about the mayor and suggest they had supplied him with drugs.

Toronto police were in the midst of that large investigation, known was Project Traveller, when the mayor's name surfaced on the intercepts in March and April, police allege.

The document, containing allegations not proven in court, suggests some of the Project Traveller targets also talked about using images of Ford using drugs to blackmail him. They were also heard saying they "love and respect Rob Ford," but have evidence of him in a lot of messed up situations and don't want to say anything, the document says.

One man says on the wiretaps that he has many pictures of Ford "doing the hezza," and another man suggests those



pictures would be worth a lot, says the document. Hezza can be used as a slang term for heroin.

The mayor's name allegedly emerged on the wiretaps about two months before the Toronto Star and U.S. website Gawker first reported that alleged drug dealers were shopping around a video that appeared to show Ford smoking crack cocaine.

Information that police gathered from those wiretaps was in the remaining portions of a document filed in the drug case of Ford's friend Alexander Lisi.

Portions that were previously released showed former staffers alleged the mayor was intoxicated at work, drank while driving and associated with suspected prostitutes.

The last portions to be made public summarize an intercepted conversation police allege they heard on March 27. Investigators heard two men talking about plans to sell a tape and quoting Ford as saying "I'll give you 5,000 and a car," police allege in the document.

Mohamed Siad, who police believe was trying to sell the so-called crack video, said

during the conversation that he would meet with him and ask for "150," which police believed meant \$150,000, the document says.

The other man warned Siad that wouldn't be wise, as he would be putting himself in jeopardy, the document says. Siad, like most of the men monitored, was arrested as part of Project Traveller, and was later stabbed in jail. Police do not connect the stabbing to the video in the document.

Ford's lawyer, Dennis Morris, told television station CP24 the latest allegations are baseless. THE CANADIAN PRESS

Homicide

Crack video a motive for man's murder, police told

Court documents unsealed Wednesday point to two rumoured motives for the murder of alleged gang member Anthony Smith: a retaliation over a robbery or, as Rob Ford's staff told police, the infamous crack cocaine video.

Sections of the new document detail how Ford's former chief of staff Mark Towhey and former "logistics director" David Price spoke with the police about how an anonymous tipster gave Price information about the video and Smith.

According to the documents, Price told Towhey, Doug Ford and later the police about two anonymous calls he received on May 17, the day after the crack video reports broke.

After Towhey contacted the police with Price's story, Price was interviewed. He told police on the morning of May 17, he got a call from a unknown number offering him information on "the drug dealers who had (the) tape" and gave the nickname and phone number Mohamed Siad (since identified by police as one of the people trying to sell the tape)

and his friend, Mohamed Farah. In a second call that afternoon, Price was told the dealers who have the video could be found at unit 1703, 320 Dixon Rd.

As a result of the call, Price told Towhey, and later the police, the video was the motive for Smith's murder, the document states.

However, the police had a different theory about the murder, via the wiretaps being run in the Project Traveller gang investigation.

At the Loki Lounge on March 28, just before he was shot, Smith texted Liban Siyad to say he saw Saaid Mohiadin at the club and planned to assault him, the document says.

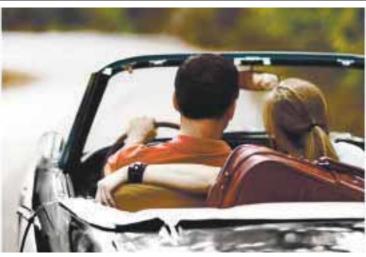
Siyad replied, "Okay halal meat," which police believe means "dead meat" or "kill him." In minutes, an altercation ensued, and Smith and Mohamed Khattak were shot. Smith died in hospital.

"The motive for the murder was also detailed during interceptions, and revealed the murder may have been retaliation for Smith and his associates robbing Mohiadin aka 'Post' last November," police wrote.

In the document, police noted that the motive for murder Price gave them is "believed to be incorrect" based on the robbery motive they heard on the wiretaps.

JESSICA SMITH CROSS/METRO IN TORONTO







PM speaks on spate of suicides

Fourth soldier takes his life. Recent rash of deaths puts national attention on the struggles of soldiers

Prime Minister Stephen Harper has weighed in on the spate of apparent soldier suicides that have rocked the Canadian Forces in recent days.

Harper says everyone should encourage veterans in need to reach out to the support and systems that are there to help.

The prime minister's comments came hours after the Defence Department confirmed the military police at Canadian Forces Base Valcartier in Quebec are investigating the death Tuesday of Master Cpl. Sylvain Lelievre, from the 3rd battalion of the Royal 22nd Regiment.

Lelievre is the fourth soldier believed to have committed suicide since last week.

Lelievre joined the Canadian Forces in June 1985 and was deployed to Bosnia between 2001 and 2002, and again in 2004. He also served in Kandahar from 2010 to 2011.

"As the death took place on the base, it is now under military police investigation. As such, it is inappropriate for us to comment on the investigation."

The escalating struggle of soldiers has been resonating across the country since word of the suicides began emerging.

The deaths include a senior non-commissioned officer at Canadian Forces Base Peta-

Condolances

"The loss of any soldier is devastating to the military community and our condolences go out to his family and friends."

Capt. Denny Brown, Army Public Affairs

wawa, northwest of Ottawa, as well as two other soldiers in Western Canada.

Veterans advocates say the number of apparent suicides within the military in recent days may only hint at the magnitude of the problem. For every death by suicide, they warn, as many as a dozen others may have unsuccessfully sought the same fate.

Veterans ombudsman Guy Parent said spouses of veterans suffering from post-traumatic stress disorder need to know how to spot the warning signs. He also says greater financial stability is needed for veterans.

A sign of how this is impacting even top-level former military personnel came Tuesday when Liberal Sen. Roméo Dallaire fell asleep at the wheel of his car and crashed into a traffic barrier on Parliament Hill.

Dallaire cited the news last week of three Canadian soldiers killing themselves, as well as the coming 20th anniversary of the Rwanda genocide, as reasons he has been unable to sleep.

THE CANADIAN PRESS



Engineer says he went into a 'daze' before deadly derailment

A Metro-North Railroad commuter train pulls into the Spuyten-Duyvil station in the Bronx. The station reopened Wednesday, three days after a nearby derailment killed four people. The engineer of the speeding commuter train that ran off the rails along a curve experienced a hypnotic-like "daze" and nodded at the controls before he suddenly realized something was wrong and hit the brakes, a lawyer said. JIM FITZGERALD/THE ASSOCIATED PRESS

Justice system. Vet says jail ill-equipped for PTSD

A British war veteran recently held in the same Alberta jail where a Canadian soldier killed himself says the justice system doesn't properly deal with people who have post-traumatic stress disorder.

John Collins, diagnosed with PTSD about six years ago, was arrested last month at his home in Lethbridge on various charges, including assault.

He said he sat alone in a cell for six days until he was released on bail.

Collins believes no one took into account his mental health. He said he should have received support and instead he felt abandoned.

Then, last week, he learned about the suicide of the artil-

lery soldier at the same Lethbridge Correctional Centre.

The man, identified by friends as Travis Halmrast, was being held on charges of domestic assault. He was found in distress at the jail and later died in hospital.

Collins didn't know Halmrast, but has strong feelings about the case.

"He shouldn't have been there," he said. "From the moment they found out he was ex-military, alarm bells should have been ringing."

Lethbridge police wouldn't talk specifically about the case, but said officers have training to deal with people with mental health issues, including PTSD. THE CANADIAN PRESS

Prison couple. Court dismisses inmates' case

A judge has dismissed an application by two inmates at a Saskatchewan prison who are in a relationship and want to live together.

Jean Richer and Leslie Sinobert argued the Correctional Service of Canada is violating their rights.

The two men told court they are in a "long-standing" relationship and want to live in the same house in the minimum-security annex at the federal Saskatchewan Penitentiary in Prince Albert.

Court heard they are serving life or indeterminate sentences, and were transferred from medium-security to a minimum facility in the spring. They were then assigned to live in different housing units.

Prison officials denied a request by the couple that they be allowed to live under the same roof.

Justice Mona Dovell ruled she has no jurisdiction to determine if a prison's administrative decision is unreasonable.

Had she decided she did have authority over the case, the judge said the couple would have lost anyway.

She recommended the couple file a grievance with the Corrections Department. If they are unhappy with the result, they could take their case to the Federal Court.

THE CANADIAN PRESS





B.C. Defunct clinic to dispose of sperm samples

A B.C. Supreme Court judge has given a clinic at the B.C. Women's Centre for Reproductive Health in Vancouver permission to destroy and dispose of sperm specimens if clients don't let the clinic know by Dec. 24 that they want the samples transferred to another facility.

The clinic has been storing sperm for more than 400 class-action members since 2010, when those samples were transferred from a lab run by UBC.

The group, led by lead plaintiff Howard Lam, is suing the university after a power failure in 2002 destroyed hundreds of sperm samples. Lawyer Arthur Grant, who is representing the plaintiffs in the lawsuit, had argued against the order, as it could "negatively impact the rights of the plaintiff and class members

in the class action."

But the clinic stopped operating last year, none of its clients are paying for storage, and it doesn't have the money to keep storing the specimens, court documents posted online this week say.

Justice Bruce Butler said in his ruling that the order is warranted because the clinic has done its due diligence. Besides, there is no practical reason to keep the specimens belonging to the class-action members since UBC has admitted they are damaged, said Butler.

THE CANADIAN PRESS

Samples that may be lost

More than 1,200 people have sperm or embryo samples stored at the B.C. fertility clinic

Human evolution

400,000-year-old bone discovered

Scientists have reached farther back than ever into the ancestry of humans to analyze DNA from a bone found in Spain estimated to be 400,000 years old.

The feat surpasses the previous age record of about 100,000 years for genetic material recovered from the human evolutionary line.

Surprisingly, the DNA shows a close relationship to Denisovans, who lived in Siberia and apparently elsewhere in Asia, far from the Spanish cave where the bone was found.

Results were presented online Wednesday in the journal Nature by Matthias Meyer and colleagues at the Max Planck Institute for Evolutionary Anthropology in Leipzig, Germany, with co-authors in Spain and China.

THE ASSOCIATED PRESS

Boxing champ joins protests in Ukraine

Vying for the title of president. WBC heavyweight champ Vitali Klitschko emerges as Ukraine's most popular opposition figure

Thanks to his sports-hero status and reputation as a pro-Western politician untainted by Ukraine's frequent corruption scandals, six-footseven Vitali Klitschko has surpassed jailed former Prime Minister Yulia Tymoshenko in opinion polls.

As massive anti-government protests continue to grip Ukraine, the 42-year-old boxer-turned-politician is urging his countrymen to continue their fight to turn this ex-Soviet republic into a genuine Western democracy.

"This is not a revolution. It is a peaceful protest that demands justice," Klitschko told The Associated Press in an interview Wednesday. "The people are not defending political interests. They are defending the idea of living in a civilized country."

civilized country."

Dubbed Dr. Ironfist for his prowess in the boxing ring, Klitschko has scored 45 victories in 47 fights, 41



of them with knockouts. He has successfully defended his title 11 times, most recently in September 2012, and plans to have one more bout before he retires.

Now Klitschko must prove that he has as much stamina in the political arena.

Despite earning a doctorate in sports science, Klitschko has had to fight a stereotype of being intellectually unfit to run this economically troubled nation of 46 million.

Having been raised — like many Ukrainians — in a Russian-speaking family,

Fighting words

"They stole our hope."

Vitali Klitschko, politician and boxer, speaking about the political climate in Ukraine.

Klitschko only recently learned Ukrainian and sometimes struggles to find the right word.

Still, he appeals to many Ukrainians with his air of sincerity and his image as a handsome tough guy ready to defend his compatriots.

Unlike many Ukrainian politicians — including Tym-

oshenko —who are accused of making their fortunes in shady business deals in the tumultuous post-Soviet era, Klitschko's millions come from a transparent source — the boxing ring.

The angry protests were sparked by the president's abrupt decision last month to ditch a political and economic treaty with the 28-nation European Union in favour of closer economic ties with Russia, which had threatened Ukraine with trade consequences if the country signed the EU deal. THE ASSOCIATED PRESS



Looters, robbers run riot as police strike for more pay

Cordoba, Argentina.

Hospital authorities reported one shooting death and more than 100 injuries, mostly from shattered glass

A wave of looting and robberies spread across Argentina's second largest city Tuesday night and continued Wednesday.

Opportunists took advantage of a police strike for higher pay which the provincial governor says was triggered by his closure of brothels that provided a money stream to corrupt officers.

The violence in Cordoba began with storefronts being shattered, mobs stealing mer-



A man is detained by police amid spent shell casings outside a supermarket that was being looted in Cordoba, Argentina, Wednesday.

MARIO SAR/THE ASSOCIATED PRESS

chandise, robbers attacking people in the streets and vigilantes arming themselves to protect their homes. Supermarkets and a mobile television van recording the violence were attacked, even as officers and provincial authorities began negotiations to end the strike.

Gov. Jose Manuel de la Sota said 56 people have been arrested.

He said he's offered police a 52-per cent pay increase, including bonuses for street work or extra duty, for a total of 12,600 pesos a month, which he called "the best salary for police in Argentina," according to Cordoba's Voz del Interior newspaper. That represents about \$2,175 monthly at official exchange rate, or about \$1,440 at the black market rate many Argentines consider as a more reliable measure of their money's value.

De la Sota described the strike as a police response to his decision to close 140 brothels that provide income to corrupt officers.

National Security Chief Sergio Berni said 2,000 border police are being deployed in Cordoba to help restore peace. THE ASSOCIATED PRESS



Johns targeted in French anti-prostitution legislation

Protesters who support abolition of prostitution rally outside the French National Assembly in Paris Wednesday as parliament voted 268-138 to pass a bill that would decriminalize solicitation and impose on clients fines of 1,500 euros (about \$2,175). The bill now goes to the French senate. Prostitution is currently legal in France, but soliciting and pimping are prohibited. FRANCOIS MORI/THE ASSOCIATED PRESS

Radioactive material

Deadly cobalt-60 found abandoned near stolen truck

A missing shipment of radioactive cobalt-60 was found Wednesday near where the stolen truck transporting the material was abandoned in central Mexico state, the country's nuclear safety director said.

The highly radioactive material was found in an empty lot about a kilometre from Hueypoxtla, an agricultural town of about 4,000 people, but it poses no threat or a need for an evacuation, said Juan Eibenschutz.

The cargo truck hauling cobalt-60 that had been used in medical equipment was stolen from a gas station early Tuesday, and authorities had put out an alert in six central states and the capital looking for it.

Eibenschutz said direct exposure to cobalt-60 could result in death within a few minutes. THE ASSOCIATED PRESS

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St. Vital Shopping Centre

Brandon Shoppers Mall metr⊕

'IT'S AN INSULT': **SEALERS**

Made in Newfoundland.

Sealers defend hunt in wake of WTO decision to uphold EU trade ban



"Here you are trying to manoeuvre through the ice — you got to watch those big ice pans — and a big swell in the water ... the boat was moving back and forth ... you got to watch how you're getting through because they can throw together and put a hole right on through the boat, really — it has happened — and then you're trying to get a shot at the seal at the same time and with this buzzing over you."

Keith Bath, 67, first encountered "this buzzing" of an animal-rights helicopter during last year's seal hunt off the coast of St. Anthony, N.L.

Bath, who now lives in La Scie, N.L., has been sealing for

Last year's catch "amounted to close to \$300,000," Bath estimates. Each of his seven crew members receive nine per cent



this 2008 photo. Joe RAEDLE/GETTY IMAGES FILE

of the cut. Fuel, his biggest cost, runs around \$20,000. After expenses, the seal hunt represented 40 per cent of his annual income for 2013, he says.

His boat landed some 7,600 seals in two weeks, the majority of which were beater seals, roughly 25 days old. Hunting younger seals, or whitecoats, has been banned since 1987.

In the vast majority of those 7,600 deaths, Bath says he used a .222-, .223-, .22250- or .243-calibre rifle with a scope. Bullets cost just over a dollar each, he says.

"Not many seals are killed

with a hakapik (club) from a longliner (65-footer)," he says of his vessel, which tows a speedboat used by the rest of his crew to collect the seals from the ice. "Good sealers like we are you know, most everyone try to make sure that they got a good shot and a head shot ... and if we sees that it's crippled, we just gives it another bullet."

Bath is one of 4,000 fishermen in Newfoundland and Labrador certified by the Professional Fish Harvesters Certification Board, which trains sealers in the humane killing of the animals, the regulatory proproper handling procedures. That certifi-

cess and

cation, coupled with monitoring monitoring by the Department of Fisheries and Oceans, ensures a humane hunt, according to Frank Pinhorn, executive director of the Canadian Sealers Association.

Pinhorn balked at the World Trade Organization's recent decision to uphold the European Union ban on Canadian seal products based on the necessity to protect public morals.

"The decibased sion, on ethics and morality, is an insult to all our sealers," Pinhorn says, adding reason sealers are targeted by animal-rights

groups is "because it's an easy thing to do. They just lucked into the imagery of red, intense blood on pure, white ice.

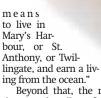
"They'll lie, they'll cheat, they'll use deceit — because the people making these decisions (at WTO and EU) know absolutely nothing about what it

to live in Mary's Harbour, or St. Anthony, or Twil-

Beyond that, the regulations are heavily enforced, he says. All boats are subject to inspection. Bath says in 2012 one such DFO officer observed his

world to make sure that it's done as clean as we can do it."

"You can make a mistake, clean a go as possible.'



"I try everything in the Bath says.

anyone can make a mistake. But 90 per cent, I'd say, of (those who) goes out there try to do it as good as they can, have as

Protecting 'public morals'

WTO ruling a finding of fact

The World Trade Organization decision last week to uphold the European ban on Canadian seal products as "necessary to protect public morals" marked a breakthrough in animalwelfare cases, according to a professor of international law.

Robert Howse, who teaches at New York University, says this is because the WTO panel based its decision on factual findings versus legal findings. They differ in one key respect: A legal finding can be appealed to the appellate body — a factual finding cannot.

"What Canada did claim was that concern about the seal hunt was, on the facts, not a matter of public morality, but the emotional, eccentric opinions of one section of the European public," Howse said.

"(But) the EU presented evidence that is compelling: That you can't have a humane seal hunt in Canada, and the reason you can't is that the conditions under which the hunt occurs are such that it's really not possible to ensure and monitor that humane hunting techniques are being used.

"In other situations of animal welfare (such as slaughterhouses), it would usually be possible to address moral concerns without a ban, by merely requiring that standards of humane treatment be monitored

The WTO also ruled, however, the ban does not apply to Inuit or indigenous communities, "because an advantage granted by the European Union to seal products originating in Greenland (specifically, its Inuit population) is not accorded immediately and unconditionally to the like products originating in Canada."

The Canadian government said it would appeal the ban. "Of course the Canadian government is going to appeal," says Howse, "but the fact is that they're not going to win anything of value.



"It's the perfect bourgeois cause, because for the people who (oppose it). in Europe or downtown Toronto, it doesn't affect their own lives at all, not even in the slightest. If they were to get excited about global warming or something, they might have to question how they

impact on the environment. But they don't have to do that with the seal hunt; they can blame it all on those nasty Newfoundlanders ... And it has great visuals."

Lars Osberg, professor of economics at Dalhousie University, on how the EU seal ban will affect a small part of the population significantly while hardly putting a dent in the region's economy

NEWS

metronews.ca Thursday, December 5, 2013 land, known as the Front. humane killings. 'It's allowable to hook a to the boat. The decision last week by The 27-member state Euro-According to the Department of Fisheries and Oceans, roughly 89,000 seals were landed in Newfoundland and Labrador alone for a \$590M IFAW and other non-gov-The provincial fishery's total catch was nearly \$590 million, according to the Department of Fisheries and Oceans

A harp seal.

Dr. Pierre-Yves Daoust is a professor of Anatomic Pathology and Wildlife

Pathology at the University of Prince Edward Island.

"From an animal welfare perspective, these animals (should)

be killed as quickly as possible — realizing that it is a hunt and

therefore it's not necessarily successful 100 per cent of the

time, just like the slaughtering of domestic animals in

slaughterhouses is not effective 100 per cent of the time," said Daoust. "We insisted at the WTO hearing we go back to

the EFSA (European Food Safety Authority) report and see

what they said, and there is no evidence there that the seal

hunt is any worse than other forms of the exploitation of

animals. The problem is because of the nature of the hunt -

because of the nature of any hunt — it's very difficult to have

robust, statistically valid observation of the whole hunt, which

takes into account the weather, the types of boats, the

education of individual sealers and coming up with a figure

that says, X per cent of the animals are not killed properly."

IOE RAEDLE/GETTY-IMAGES FILE

The International Fund for Animal Welfare spent \$1.8 million on its seal

campaign in 2012. The IFAW raised \$2.4 million total that year, but noted it does non-restrictive fundraising, which means donors gave the money to the IFAW and the organization allocated the funds specifically toward the seal campaign.

EU ban a win for animal rights groups

Sheryl Fink has observed the seal hunt for 11 years, both in the Gulf of St. Lawrence and off the eastern coast of Newfound-

She says she went to observe "the cruelty, the in-

seal in the face," said Fink, seal campaign director for the International Fund for Animal Welfare (IFAW). "An animal is allowed to be hooked in the face by the gaffe and dragged

the panel of the World Trade Organization was a victory for IFAW and other animal-rights

pean Union is now part of 34 countries that ban Canadian seal products, including the U.S. (1972), Russia (2011) and most recently Taiwan (2013).

ernmental organizations like the International Humane Society submitted an Amicus Brief with their own research and findings referred to by the European Commission in its defence of the seal ban. IFAW was also consulted by the EU as a stakeholder alongside the sealing industry to develop and implement the regulations of the EU ban on seal products, which came into force Aug. 20, 2010.

'This is significant in that it's just another international body that's looked at the seal hunt ... and they said seal bans are OK," Fink said of the WTO's ruling, adding it's another indica-



tion the world does not want seal products.

Haven't organizations like the IFAW created a negative view of seal products?

"It's very easy to blame the NGOs and say that we've brainwashed everyone - and I only wish we were that powerful, that we've brainwashed the WTO, and the Russian Federation, and Taiwan. I kind of wish that were true," she said, laughing.

'I think the reality is people just don't want seal products; this just isn't a product that is wanted or needed in the 21st century, just like we don't do commercial whaling anymore. I think the time has come where commercial sealing is going to be disappearing.'

Check online

Read more about the seal hunt at metronews.ca

The commercial seal hunt's main purpose is to extract oil, large quantities of which are shipped to Britain for fuel for lamps, as a lubricant, as cooking oil, in processing leather and jute, and as a constituent in soap.

The crew of the hunting vessel Newfoundland is caught on the ice for two days in a snowstorm. Seventy-eight men freeze to death on the ice, while 55 survivors lose limbs.

In 1983, the European Economic Community bans the importation of whitecoats (unweaned harps) and bluebacks (young hooded). In 1987, the federal government prohibits the commercial harvest of whitecoats and bluebacks, and hunting from large vessels.

2009 - Present

In 2009, the European Union bans the import of Canadian seal products. In 2011, the Russian Federation bans the import of seal products. In 2013, Taiwan follows suit. SOURCE: DFO

Department of Fisheries and Oceans says officers are looking most closely at the '3-step process' recommended by the Independent Veterinarians Working Group (IVWG).

- The amendment involves: a) striking (with approved firearm or hakapik) b) checking (that both halves of the cranium are crushed), and c) bleeding (before waiting a minute to skin the animal).
- DFO says the seal hunt can be properly regulated because the seals — and therefore the sealers — are often concentrated in the same areas: in the Gulf around the Magdelan Islands and in the Front east of the northern peninsula.
- DFO monitoring is done by fixed-wing aircraft, helicopter, boat and deployment of officers to each sealing vessel.

Like issues of economic viability and morality, the science around the Canadian seal hunt is divided. Metro interviewed experts in veterinary medicine and animal welfare about the key issue surrounding the hunt: Are seals killed in a humane manner? Both testified at the WTO hearings:

Dr. Donald Broom is a professor of Animal Welfare at the Department of Veterinary Medicine at Cambridge University, whose research includes assessing animal welfare, including pain. "I have seen that some statements by animal protection societies over-

BROOM

emphasize the negative aspects of sealing and some statements by sealers over-emphasize the quality of their methods," said Broom. "Seals are complex animals with a pain system similar to ours, so an injury for some minutes or hours is a major welfare problém in seals. Almost all farm animals in slaughtérhouses are

handled without fear being caused to them. The stunning procedure in a slaughterhouse usually causes no pain and the animal dies without recovering consciousness. It is rare for the electrical procedure or captive-bolt gun application not to work, but if it does, a second stun occurs within a few seconds. I think that it is correct that many seals shot with a rifle die without suffering. However, the number that are not killed, or rendered

unconscious with the initial shot or shots, and hence which do suffer, is high."

metr⊕ **BUSINESS** metronews.ca Thursday, December 5, 2013



panies are starting to take note of consumer concerns over potentially harmful ingredients in a range of beauty

Beauty industry doing an about-face

Power of the people.

Companies are starting to remove possibly harmful ingredients from products after pressure from customers

An environmental group says cosmetics companies are starting to listen to consumer worries over potentially harmful ingredients in their products.

Toronto-based Environmental Defence says public pressure is beginning to exert influence on the ingredients companies use in everything from shampoo and moisturizers to toothpaste and deodor-

"The good news is that some companies are listening to the growing concerns from their customers about the risks of these chemicals," Maggie MacDonald of Environmental Defence said in a release.

"Others need to take the old saying to heart - the customer is always right - and act to remove harmful chem-

Procter and Gamble announced in September that it would eliminate triclosan, a commonly used anti-bacterial agent, and phthalates from its personal-care products in 2014.

Johnson and Johnson committed in 2012 to remove triclosan, phthalates, formaldehydes and parabens from its adult toiletries and cosmetics.

Walmart, meanwhile, announced this fall that it would be working toward reducing chemicals starting in January, and promises a public report in two years on how it has fared. THE CANADIAN PRESS

- · Triclosan, an anti-bacterial agent, was found by a Health Canada study to be harmful to the environment, but safe for humans. The U.S. Food and Drug Administration is currently reviewing the safety of triclosan. Concerns have been raised that triclosan may be triggering hormonal changes, or causing anti-microbial resistance.
- Phthalates, a family of chemicals commonly used as plasticizers, raised worried after studies suggested that when ingested, phthalates could cause reproductive and developmental abnormalities in young children.

England. Care for a tent and a spot of tea after getting blotto at the pub?

With the festive season approaching, the scourge of drunk drivers returns, and one pub in Worcestershire, central England, has an innovative solution, installing a campsite in the garden for those too intoxicated to drive home. The Drum and Monkey's Paul Miller took our questions.

How did you come up with

We heard about a pub in the area that had apartments for customers to use if they needed. There was nothing like that here so we contacted a tent company and they were happy to sponsor the idea.

Did you have a problem with unruly drunks refusing to leave?

It's not about drunks, more for people who have had just too many drinks to drive, and it's just for December. The police have told us it's a fantastic idea.

What do your neighbours

I don't know, but it can't be a bad thing to have free camping facilities. We have not heard any concerns: This is a country pub and we don't have many kids making

What kind of luxury can I expect if I sleep there?

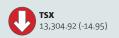
A mug of tea at breakfast. Maybe a sandwich. On New Year's Eve we have organized free transport for anyone who wants it.

METRO WORLD NEWS











Natural gas: \$3.96 US (-2¢) Dow Jones: 15,889.77 (-24.85)





'tipsforjesus'

No good deed goes un-Instagrammed

Employees at two Ann Arbor, Mich., bars have seen some unusually big tips this

The Ann Arbor News reports that in September a \$3,000 US tip was left for an \$87.98 US bill at Bar Louie and \$7,000 US for a \$200 US bill at Alley Bar.

The tips are among a number reported around the country in recent months. They're chronicled on the photo-sharing application Instagram using the "tipsforjesus" name. THE ASSOCIATED PRESS

Germany

Two arrested in Bitcoin scheme

German police say they have arrested two people and seized illegally generated bitcoins worth more than 700,000 euros (\$950,000 US) in an investigation of computer fraud.

Police say the perpetrators used the processing power of the hacked computers to generate bitcoins, a cryptography-based digital currency. They also are investigating further suspected fraud, violations of copyright law and offences related to the distribution of pornography.

THE ASSOCIATED PRESS





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FASTER THAN YOU CAN SAY 'SHOPPING'

cient when it happens.

ping time arrives.

have a plan. If I write "Buy my brother a

ing lot," it makes it that much more effi-

Blu-Ray he already owns" or "Break a nice

ornament for Mom before I leave the park-

It also helps if you make a point of set-

2) Make room for yourself. Depending

ting aside 4:45 to 5 p.m. on Christmas Eve,

on the mood at the mall, being jammed in-

terrifying as Night of the Living Dead or as

tedious as The Walking Dead. And thanks

to terrorism in recent decades, it's no long-

er appropriate to yell "Bomb!" in a crowded

to a sea of zombie-like shoppers can be as

so that you're not panicking when shop-

I've always believed in Santa Claus, because the speed at which he delivers gifts is no faster than the speed at which I buy them.

I shop at a speed that renders me blurry to onlookers.

If there were commandos descending into a mall via zip lines and they saw me entering the store, the first words they would say when their boots touched the ground would be, "Hey, where'd he go?"

Christmas shopping is a necessary Eveill, but I treat the mall like it's radioactive and I've left my radiation suit at home. Think of Superman cleaning up his apartment after Lois unexpectedly rings the doorbell - scrubbing his Supershower and hiding his Superporn in a blue-red blur of anxiety.

If you find yourself spending untold minutes at the mall, here are a few pointers I follow to make sure my strategic incursion into the commercial side of the holidays isn't much longer than a holiday commercial.

1) The first step to make Christmas shopping fly by is to



John Mazerolle metronews.ca

area.

Instead, start your day off with a hearty breakfast of garlic bulbs, baked beans and whole onions and watch those shoppers disperse like they're pepper and you're a bar of soap

Not willing to wait in a long line? In New Brunswick,

Saskatchewan or other rural areas, a seasonal cry of, "That store wrote 'Xmas' on their sign! Why do they hate the baby Jesus?" is usually enough for the line to leave in a mob (careful of the torches and pitchforks).

In Toronto, Vancouver or other metropolitan areas, try, "My word, is that a Discount Divorce, Yoga and Kale Sal-Watch for latte splashback as they depart.

3) Don't forget that the gifts you choose can help speed up the process. For instance, if your kids aren't worth it, just buy batteries that will help power the toys bought by other relatives.

Or, if you believe in the true spirit of Christmas, why not take the money you would have spent on gifts and spend it on the world's many charities? What child wouldn't be touched to hear that you skipped out on the PlayStation so you could put \$500 in the Salvation Army pot? What spouse could argue about vacations when you've spent all the Christmas savings on refugees?

Your whole family will be moved to tears, I guarantee. This also might be another good time to put the Superman/Santa speed to good use.

You'll believe a man can fly.

ZOOM

Renovation turns things around



House is flipped topsy-turvy

A British artist has given the figure of speech 'to turn a place upside down' a literal side by making a building topsy-turvy. Alex Chinneck, from London, England, has created an upside-down façade to a derelict building in the centre of the city. The site where the artwork stands dates from 1780 and had been slated for demolition. METRO

Artist's bizarro world

"I enjoy tapping into people's love for the simple pleasures in life, like magic and illusion. There is more to life than survival — there is culture that is uplifting and pleasurable."

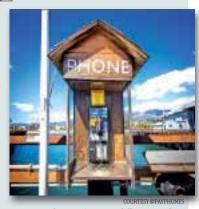
Alex Chinneck, artist



Clickbait



If you think Instagram is just a den of food snapshots and "narcissistic" selfies, you're doing it wrong. Here are some users to follow for a glimpse of the photosharing site's creative side.



@rachelrvle:

The recent introduction of video has allowed Rachel Ryle to bring her brand of stop-motion animation to Instagram. Be careful, Ryle's quirky, simple videos can be addictive.

@payphones:

Dan Marker-Moore's account docu-ments the dying days of the public payphone. The concept is simple, but the portraits are carefully composed and possessed of more pathos than you might expect.

@andrewknapp: If you ever wished Waldo, of Where's Waldo fame, was a dog, then Andrew Knapp's account is for you. Knapp takes pictures of his border collie Momo hiding in the wilds of northern Ontario. How quickly can you spot him? (Hint: Look for the red bandana.)

Comments

RE: Woman Fights Ticket For Driving With Google Glass, published Dec. 3

'Suspicion' of speeding? And after the car was stopped? Are all police, dolts? Sounds to me more like the cop didn't actually have a reason to pull her over in the first place. Having a means of distraction nearby does not mean she was distracted. jeff200 posted to metronews.ca

pid'? Why are drivers going out of their way to find new ways of being distracted?

How about 'suspicion of being stu-

CCToronto posted to metronews.ca

How about ... the report is probably incorrect in stating 'suspicion of speeding'? She was likely caught for speeding; period. Police won't write a ticket for 'suspicion of speeding' lol! Preposterous.

Koree Em posted to metronews.ca

WE WANT TO HEAR FROM YOU: Send us your comments: winnipegletters@metronews.ca



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Finding that honest comic voice

Local entertainment.

Canadian comic Dave Merheje talks about his influences and why he changed up his delivery style and the success it has had



BACKSTAGE PASS Jared Story winnipeg@metronews.ca

As a child in Windsor, Ont., the Lebanese-Canadian comic would watch Leno and Letterman, do imitations of celebrities and create fake sitcoms with his sister and cousin, but it was at age 14 when he found his true comedic calling.

"My uncle showed me tapes of Andrew Dice Clay and Eddie Murphy and then I watched Richard Pryor with my mom once. I was like, 'I want to do that,'" says Merheje, 33.

"(Pryor's) still the guy. I learned to be vulnerable and honest watching Richard Pryor. That's where it all comes from."

Merheje's aggressive, confessional, Pryor-influenced style is paying off. The Toronto-based stand-up has made three appearances at the Just for Laughs festival in Montreal, was a finalist in NBC's Stand-up for Diversity search in 2011 and just last weekend, Merheje finished fourth in the 34th annual

"AN MILES" reward miles not applicable on MPI claims.



Seattle International Comedy Competition.

Daring, honest and very comfortable in his own skin onstage, it might come as a surprise that Merheje started performing stand-up with a more standard "set-up, punch" style

"I was just trying to be funny, and I wasn't myself up there," Merheje says. "I realized I wanted to dig deep and I wanted to get gut laughs from people, so I had dig deep within myself. I'd do little exercises, like I'd pick a room and impro-

Details of show

Merheje and Alfa, along with ex-Winnipeggers Garrett Jamieson and Ben Beauchemin, bring Family Affair: Holiday Edition to the Park Theatre on Thursday. Dec. 12.

 Tickets. Winnipeg comic Chantel Marostica hosts the show. Tickets are \$15 at the Park and eventbrite.ca or \$20 at the door. Showtime is 8 p.m.

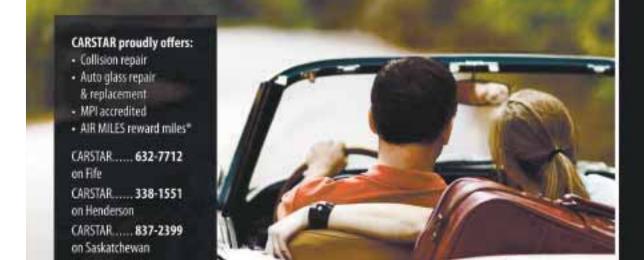
vise. Even if it was going bad, I'd still do the eight minutes and just run it into the ground. I just wanted to practice that (honest) voice."

From vulnerability to anonymity, Winnipegturned-Toronto comic Aisha Alfa loves the relatively obscure nature of starting over in the Big Smoke.

"In Winnipeg, because I was doing life coaching and had this certain public image (she worked for WFPtv), and because I started off doing comedy super squeaky clean, I really felt like I couldn't do certain things," Alfa says.

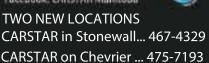
"I never swore, I wasn't dirty, I was on billboards for the Winnipeg Free Press and I had the life coaching thing, so it's very hard to go from that to saying c— onstage.

"Everybody knows everybody in Winnipeg. In Toronto, you can do whatever the hell you want and nobody cares."



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metronews.ca Thursday, December 5, 2013 **SCENE**

New Girl creator shares her voice with Metro

Staying funny. Liz Meriwether has a lot to juggle in her job but awards don't lie. she's doing great

KHATCHADOURIAN

Even with three seasons, five Emmy nominations and millions of viewers tuning in to New Girl every Tuesday, show producer/writer Liz Meriwether says her job hasn't gotten any easier. In fact, if anything, it's only gotten more challen-

Besides performing the difficult and never-ending dance of keeping hundreds of people co-showrunners and writers, the studio, the network - Meriwether also works tirelessly to make sure the voice of New Girl remains

Can you tell us about the episode where Coach and Cece go on a date? How did you decide to go in that dir-

ection with those characters?

Well, this is something that obviously causes a fair amount of stress for Schmidt. We thought it was sort of interesting to have this new character come in and not really understand the back story between her and Schmidt, just swoop in and take her out on a date. But, I'm not sure if the Cece-Coach relationship is going to go forward; it might have just been this one date. I think that Cece just wants to get back out there and go out on a date with a really hot guy. I think that's what's going on in her head. It was really fun to shoot them together - they have a really great chemistry. Plus they are both just gorgeous, you know, it's fun to just watch them

How long will Damon Wayans Jr. be on the series?

Damon is with us for the rest of the year, which is really exciting. We are so happy to have him back. He just fits in perfectly.

So we know Damon is



signed on till the end of the year, but more importantly, what about Ferguson [the cat]?

Well it's funny, because in the next episode there is this date between Cece and Ferguson and it goes really well. I'm kidding, I don't know; I don't have an ending for Ferguson right now. He is the cutest thing. We all kind of fell in

love with him and we actually have to hold ourselves back from writing him into so many episodes because we don't want any Ferguson fatigue. I love Winston's relationship with him. There is sort of an important plot development where Winston realizes he needs to take a step back from Ferguson because their relationship

maybe has gotten a little too

Well the storyline says he goes missing.

Yeah, he goes missing and that kind of leaves Winston to blame and makes him take a step back from Ferguson. Nick thinks that Winston has taken himself out of the game with women because

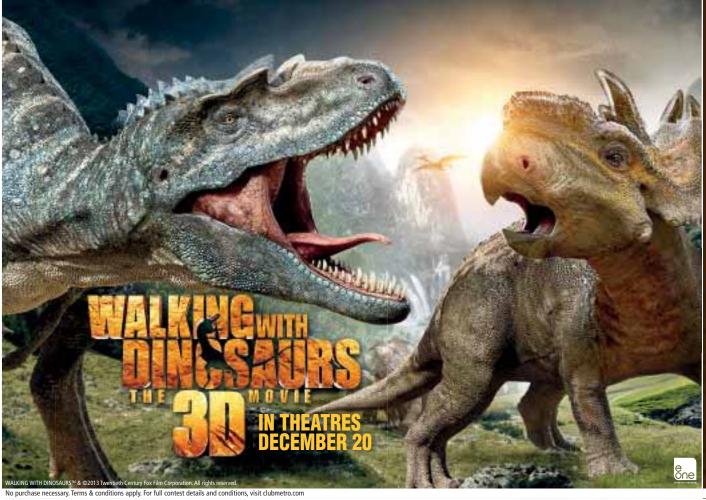
"We all kind of fell in love with him and we actually have to hold ourselves back from writing him into so many episodes

Liz Meriwether on Ferguson the cat in

he's gotten too into the cat. Nick just wants to help him.

You guys are going to have a Super Bowl episode. Have you thought about any storylines yet?

I'm definitely a little nervous about it because it's such as big audience, but in a good way. The story is going to be mostly about Ferguson. [laughs] Just kidding. We really want to create an episode that was group-centered and where everyone can be together. The group gets invited to a big fancy party and it's sort of all of them at this party together ... and I sort of can't say more than that.





Affleck Out of the Furnace and back into the limelight

Acting break. Gone Baby Gone star took time out to make I'm Still Here with Joaquin Phoenix and has no regrets

This year marked Casey Affleck's return to the big screen after the Oscar-nominated star took a break from acting for a while. In recent months, his Sundance Film Festival hit Ain't Them Bodies Saints had a slow rollout in select theatres internationally, and this Friday he can be seen in North American cinemas as a struggling Iraq war vet in Out of the Furnace.

The projects come three years after Affleck released his directorial effort, the controversial mockumentary I'm Still Here, in which a dishevelled Joaquin Phoenix pretended he was quitting his Oscar-nominated acting career to become a hip-hop artist.

The film was maligned for duping audiences into thinking it was real, and Affleck admits "it was risky in its style" and also a risk for his own acting career as it "sucked up a good deal" of his time and kept him from doing onscreen projects.

"You take a break in Hollywood, you don't act in something for a couple of years, people just forget about you.

That's a lifetime in Holly-wood almost, so it's hard to bounce back from that," said the 38-year-old, who got an Oscar nomination for his supporting role in 2007's The Assassination of Jesse James by the Coward Robert Ford. That's not to say he regrets making I'm Still Here.

"I mean, regret seems pointless," Affleck said in a recent telephone interview. "It's not a useful emotion really, although it's always there sort of lingering around. If you're willing to go sit on the stoop with regret, it'll hang out with you, but it's a waste of time.

"So it didn't perform that

well, but neither did Jesse James, and I love that movie. So often movies don't perform well," he added. "Life goes on, you know. I feel pretty blessed to just be doing this.

"And look at me now, you know, I get to work with Christian Bale, Scott Cooper and Forest Whitaker and Woody Harrelson and on and on and on. What could be better?."

Affleck was referring to the all-star team behind the gritty drama Out of the Furnace, which is directed by Cooper, who helmed and co-wrote the 2009 Oscar-winning film Crazy Heart. Cooper also co-wrote the "Out of the Furnace" script with Brad Ingelsby. Producers include Leonardo DiCaprio and Ridley Scott.

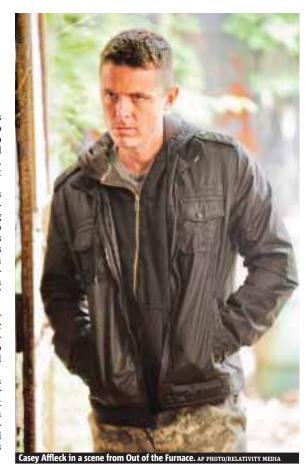
Bale stars as Russell Baze, a hard-working steel mill employee in poverty-stricken Braddock, Penn., during the 2008 economic downturn.

Affleck deftly plays his troubled younger brother, Rodney, an Iraq war vet who can't find work when he returns home from duty. Indebted to shady characters, he turns to gambling and underground fighting to make a quick buck, forcing his brother to look out for his wellbeing.

Harrelson brings chills as Harlan DeGroat, vicious leader of a backwoods crime ring in the New Jersey Ramapo Mountains. Whitaker plays a cop. Other cast members include Willem Dafoe as a bookie, Zoe Saldana as Russell's girlfriend and Sam Shepard as the brothers' uncle.

Affleck said he did research into post-traumatic stress disorder, which afflicts his character. He also watched documentaries and spoke with war vets.

He also trained to get in the right physical shape for his fighting matches. Affleck will be seen onscreen again in the new year, when Christopher Nolan's star-packed sci-fi drama Interstellar hits theatres. THE CANADIAN PRESS





Walker was finding his step as a father

Final interview. While promoting new film Hours, actor talked candidly about his own experiences with fatherhood

Before his death, Fast & Furious star Paul Walker was drawing parallels between his reallife role as dad to 15-year-old daughter Meadow and his part as an unexpected father to a newborn baby in the upcoming Hurricane Katrina drama Hours.

"I think it definitely helps to have a daughter, but I think if you're a human being and you have love in your heart, you're going to find connective fibers in this," Walker said in a Nov. 14 interview to promote the film. "There's definitely a purity and a truth to it."

Hours stars Walker and Genesis Rodriguez as a couple who



In his last film, Hours, Paul Walker plays an expectant father. THE ASSOCIATED PRESS

rush to a New Orleans hospital after Rodriguez's character goes into early labour. When the hurricane hits the city, Walker's character finds himself stranded in an evacuated hospital with his ailing newborn daughter.

"My baby wasn't planned," Walker said. "I wasn't married, out of wedlock, the whole bit. (I was) finding my step with

Autopsy report

Fast & Furious star Paul Walker was killed by impact and fire in a crash that occurred while he was a passenger in a Porsche driven by his friend, according to an autopsy released Wednesday. Results of toxicology testing will take another six to eight weeks.

it. I'm still finding my step. I think you always are. I'm five times the father that I was five years ago. Your head's more in it. Your heart's more in it. You can't force it. You want to be better at it, just something hasn't clicked yet."

Walker starred in all but one of the six Fast & Furious block-busters. He had been on break from shooting the latest installment at the time of his death on Saturday, Universal Pictures has shut down production of Fast & Furious 7 indefinitely.

THE ASSOCIATED PRESS











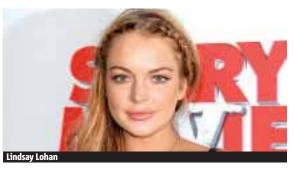
I don't believe it, I've just chipped my tooth while eating cold chocolate!



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@PamelaDAnderson I love tea. No more coffee for me.



Lindsay content for now to play with her boy toys

Lindsay Lohan reportedly turned heads at a New York nightclub recently when she cozied up to Michael Neeson, the 18-year-old son of actor Liam Neeson, according to Page Six. "Lindsay was seen leading him into the women's bathroom, hand in-hand," a source says. "Lindsay seems to have a

thing for younger men at the moment." Lohan has also been linked in recent months to 19-year-old model Liam Dean, who apparently got to witness the whole thing. "The odd thing was that Dean was with them all night, even though Lindsay had been seeing him, too. Neeson's publicist denied the

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES





Beyoncé and Jay-Z plant their feet for diet challenge

Jay-Z and Beyoncé are officially going vegan until Christmas, the rapper announced on his Life and Times blog. "Psychologists have said it takes 21 days to make or break a habit. On

the 22nd day, you've found the way," he wrote. "One day before my 44th birthday, I will embark on a 22 Days challenge to go completely vegan, or as I prefer to call it, plant-based." He also confirmed that Beyoncé "is also joining me" on his "spiritual and physical cleanse" of sorts. "I don't know what happens after Christmas,' he admitted. "A semi-vegan, a full plant-based diet? Or just a spiritual and physical challenge? We'll see.



There's a reason that Thor kiss was so passionate

If the lip-lock between Chris Hemsworth and Natalie Portman at the very end of Thor: The Dark World seems awfully intense, that's because it wasn't actually Portman. The Oscar-winning actress tells the New York Daily News that Hemsworth's wife, Elsa Pataky, donned

a wig and filled in for Portman for the scene. "It was for re-shoots, and he was working in Hong Kong and I couldn't get there because I was working on my own film," Portman explains. "And so they put his wife in my wig and costume. That's why it was so passionate."



Daley's boyfriend isn't just anyone, you know

portedly dating

British Olympic diver Tom Daley announced this week that he has been dating a man for most of this year, but it turns out it isn't just any man. Daley is re-

Oscar-winning screenwriter Dustin Lance Black, according to E! News. The pair was spotted grabbing coffee together in L.A. in October. Black, who won his Academy Award for his script for Milk, is set to direct his next film, The

Statistical Probability of Love at First Sight, next spring in London, coincidentally.



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Entrepreneur and a gentleman

Paul Smith speaks.

The avuncular 67-year-old combines the eager to please affability of a local shopkeeper with the corporate know-how of a global empire proprietor

RICHARD PECKETT

Metro World Ne

Paul Smith is flitting between an official photographer and a gaggle of student iPhone snaparazzi at a new exhibition, Hello, My Name Is Paul Smith, at the Design Museum in London.

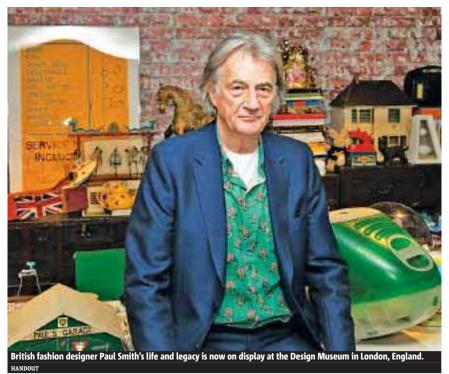
Sir Paul — a title he almost declined — excels at being a man of the people (politicians, take heed). While I'm waiting for my interview, groupies swarm to a gracious welcome — gosh, even toddlers get a hug.

The designer eschews the pretension of high fashion for humanism, a style that's clear in the exhibition's homely curation: fine art pieces flank knick-knacks from fans. Just don't call it a retrospective: "I've got enough stuff for four or five separate exhibitions," he admits.

When was the last time you wore something that wasn't designed by you?

[Laughs] 18. Although, if I'm on holiday and it's suddenly cold and I haven't got a sweater, I might buy a classic cashmere or something.

Do you feel guilty wearing other designers?



Closet caper

"I just like my stuff. I steal it from downstairs; I nick it from the shops."

Paul Smith

No, I just like my stuff. I steal it from downstairs; I nick it from the shops.

They're trying to find the samples...

... And I'm the one who has got them all.

You mentioned before that there is a level of pretentiousness and rudeness within the industry. You'd

expect young people to put in the hard graft and work their way up. How do you feel about unpaid intern-

We've never encouraged unpaid internships. We get three, four, five requests a week for work placements. The best we can do these days is say, "Why don't you come for an afternoon or day?"

So you don't let people do weeks at a time?

No, no.

How do you feel about other designers doing that kind of thing?

Well, I think there is a history of it that goes back 20

or 30 years. When people are starting out, it's supposed to be an honour to work but I'm not really sure about that.

Did you ever want to be famous?

No. In this environment here, you expect people to know who you are, but when I walk down the street luckily I'm not a famous face, so thank goodness for that.

I noticed when I walked into the exhibition that your first shop was tiny. It's like a changing room.

I know. It was meant to be a shop! There was a curtain at the top of some stairs to a tiny changing room. The point of that exhibit is to show that you can start in a way that is considered very humble and then you can grow...

You're not keen on email and computers in general. Do you think that being immersed in technology kills the creative side?

Personally, I'm not into it but I understand it. If you walk outside my room in Covent Garden there are four young ladies that help me: the PA and secretaries get about 600 emails a day, so I'm very IT savvy, as is the whole company. Personally I find that the use of my own eyes, my photography, my notes, works for me – but each to their own. It's about balance.

You said before of the runway, "It's £500,000 on 14 minutes." Does it seem a bit ridiculous?

Absolutely. Unfortunately, it's very much part of the process. A lot of the younger designers — and this is another reason for making this exhibition so down to earth — think that's what it's about: a fashion show and about twenty shops or whatever. Actually, it's only a tiny part of the process. Even if you have the best fashion show in the world but you don't make the clothes beautifully at the correct price and deliver on time and get paid, then it's all a bit of a waste of time.

Would you prefer to do a small salon show?

I would love to do a small salon show again. I used to: my first showroom was in a bedroom and my first show was in my friend's apartment in Paris.

Twitter



JEANNE SPACE Jeanne Beker life@metronews.c TWITTER HAS BECOME A COOL AND SUCCINCT WAY OF COMMUNICATING. IT ALLOWS ME TO BE ACCESSIBLE, INSTANTLY SPEAK MY MIND AND CONNECTS ME WITH ALL KINDS OF PEOPLE. WHETHER IT'S A FASHION QUESTION OF YOU JUST WANT TO COMMENT ON LIFE'S BIGGER PICTURE, I'D LOVE TO HEAR FROM YOU.





Canadian street style

Spotted in: Vancouver

Name: Sophie

Age: 41
Occupation: TV
production manager

What she's wearing

Jacket from Zara, denim vest from H&M, sweater from Gap, bag from Red Flag Design (local), scarf is gifted, jeans from Topshop, sunglasses from Arc Clothing, boots from Gravity Pope.

Her inspiration

"My style is casual and on-the-go. I like versatility in my outfit — something I can wear to the office and go on a night out after."

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PROGRAM — AND A WEEKLY NEWSPAPER SECTION TOO!

Crab and Ricotta Mousse: 'Tis the season for creative appetizer ideas

Looking for a classy appetizer idea to whet your guests' pal-

Ingredients

- 2 tbsp (30 ml) lime juice
- 1 envelope unflavoured gelatin
- 2 tbsp (30 ml) boiling water
- 2 stalks of celery, coarsely chopped
- 1/4 cup (60 ml) fresh parsley leaves
- 2 tbsp (30 ml) fresh cilantro leaves
- 1 green onion, coarsely chopped
- 1 tsp (5 ml) lime zest
- 8 oz (225 g) crabmeat, drained, divided
- 1/4-1/2 tsp (1-2 ml) smoked paprika, mild or spicy
- 10 oz (300 g) Quality Cheese Ricotta
- Salt and freshly ground pepper
- 1/4 cup (60 ml) panko bread crumbs
- Cilantro

ates? Try this Crab and Ricotta Mousse, which is equally delicious with shrimp instead of crab. The mousse can also be moulded in a terrine and served sliced.

- **1.** Pour lime juice into a small bowl and sprinkle with gelatin. Let stand 5 minutes to soften, then add 2 tbsp (30 ml) boiling water to dissolve gelatin.
- **2.** Place celery, parsley, cilantro, green onion and lime zest in a food processor. Process until finely chopped.
- **3.** Add half the crabmeat, the paprika and Ricotta. Process until well combined, add gelatin and season with salt and pepper.
- **4.** To mould the mousse, use a muffin pan or individual moulds (ramekins). Line inside of moulds with plastic wrap or parchment paper to make unmoulding easier.



5. Pour mousse into moulds. Cover loosely and refrigerate until set, about 2 hours.

6. To unmould muffin pan,

invert over a baking sheet, remove plastic wrap and place on plates. To unmould ramekins, invert each over plates and remove plastic wrap.

7. Garnish with remaining crab, panko bread crumbs and cilantro. Dairy farmers of Canada (Allyouneedischeese.Ca/Grandprix)

For your phone

Great British Chefs Kids Christmas (iPad/iPhone; free)



MIND THE APP Kris Abel @RealKrisAbel

Show your elves how to share through holiday cooking with these kid-friendly festive recipes curated by British chefs that include gingerbread animals, risotto faces, turkey meatballs and Christmas eclair trees.



Good things come in mini packages — and sandwiches



- 1. Cut the baguette crosswise into 40 equal slices. Arrange on parchment-lined baking sheet. Brush the top of each slice with mustard. Top half of the slices with a slice of Emmental, a piece of ham and another slice of Emmental. Place the remaining baguette slices, mustard side down, on top.
- **2.** In a medium bowl, whisk together the eggs, milk, salt, freshly ground pepper and nutmeg.
- **3.** In a large nonstick frying pan, melt half of the butter over medium heat. Working

with few sandwiches at a time, place in egg mixture until they have soaked up a bit of it. Flip over to let them soak other side. Place sandwiches in hot pan. Continue to soak and add sandwiches to hot pan until half of the sandwiches are in pan.

4. Cook each sandwich 4 minutes per side or until golden and crisp and cheese is melted. Transfer to platter; cover loosely with foil. Repeat with remaining butter and sandwiches.

COURTESY PRESIDENT'S CHOICE

naredients

- 1 baguette (350 g), ends cut off and discarded
- 1/4 cup (50 ml) Dijon
- 1 pkg (120 g) PC French Emmental Slices, cut in forty 2 X 1-1/2-inch (5 X 4 cm) rectangular slices
- 5 oz (150 g) roasted ham, cut in twenty 2 X 1-1/2-inch (5 X 4
- cm) rectangular pieces
- 4 eggs
- 1/2 cup (125 ml) whole milk
- 3/4 tsp (4 ml) salt
- 1/2 tsp (2 ml) freshly ground black pepper
- 1/8 tsp (0.5 ml) ground nutmeg
- 1/4 cup (50 ml) unsalted butter

App. Turkey and Brie Puff Pastry Bites



- **1.** Preheat oven to 425 F (220 C). Place puff pastry on work surface. Roll pastry out in one direction to form rectangle; cut into 24 pieces. Press each piece into the cups of a 24-cup mini muffin pan, allowing some overhang. Freeze 10 minutes.
- 2. In small bowl, stir together turkey and mayonnaise. Remove muffin pan from freezer; divide turkey mixture among the cups. Top each with a piece of Brie, pressing down slightly.
- **3.** Bake in centre of oven for 20 to 22 minutes or until pastry is golden on bottom and cheese is melted and starting to brown.
- 4. Meanwhile, in small bowl,

stir together Dijon and honey. Transfer pastry bites to a long platter; drizzle Dijon mixture over top and garnish with parsley leaves.

NEWS CANADA/ PRESIDENT'S CHOICE

Ingredients

- 1/2 PC Butter Puff Pastry,
- thawed but still cold • 5 oz (150 g) roast turkey breast, finely diced
- 3 tbsp (45 ml) mayonnaise
- 1 pkg (200 g) PC Double Cream Brie, rind removed and cheese cut into 24 equal pieces
- 2 tbsp (25 ml) Dijon mustard
- $_{ullet}$ 1 tbsp (15 ml) honey
- 24 fresh parsley leaves



metronews.ca Thursday, December 5, 2013 **HOME**

Pining for the scent of a holiday tree

Nothing smells better than when a fresh-cut tree arrives in the house for the holiday season. Sadly, the scent quickly disappears. but there are a variety of ways to re-create it. If you're using an artificial tree this year, you'll want to pick up one (or two) home fragrance options. By layering a few of these, you'll transport yourself into a winter forest. I've sniffed and tested many of the options, and here are the winners.



Best air spray

Keep a can near the front door and spritz just before guests arrive. Thymes Home Fragrance Mist, Frasier Fir scent, \$18, thymes.com.



Best reeded diffuser

Place diffusers in open areas like foyers or the corner of the living room. Fruits & Passion Decorative Diffuser Set, Boreal Fir scent, \$28.50, fruitspassion.ca.



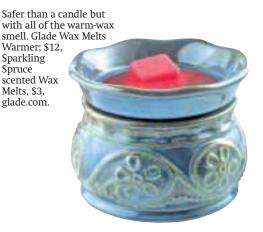


Best candle

The royal family of scented candles, infused with rich oils. Diptyque candle in glass, Pine Bark scent, \$75, Holt Renfrew.

Best wax melts

Warmer; \$12, Sparkling Spruce scented Wax Melts, \$3, glade.com.





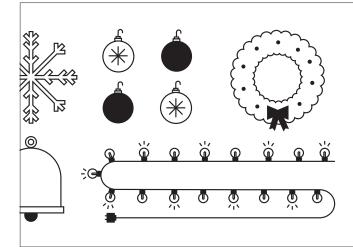
Best fragrance oil

Oils can be dabbed anywhere around the house for a subtle scent. Crabtree & Evelyn Home Fragrance Oil, Windsor Forest scent, \$9, crabtree-evelyn.ca.

Get the most out of your home fragrances

- Layer the scent of fresh-cut trees by using a variety of brands and applications. That will create a realistic fragrance throughout the house.
- Dab fragrance oils in discreet places, such as on felt tree ornaments, inside a bathroom tissue roll or on cotton swabs stored
- Place a diffuser near an air-intake vent so as to distribute the scent throughout the entire house.





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Show appreciation to designated drivers

For those who love to entertain, the holidays are a much anticipated opportunity to be the gracious host of a great party. Inviting friends and family to a festive night out is a form of giving and a way to show we care.

But the tone can turn sour if the host suddenly has to play "the heavy" when a guest has had too much to drink, especially if that guest is planning to drive.

What does a caring host to do? One solution is to fill your guest list with designated drivers.

As it is with many circumstances, prevention is the best remedy. Hosts who want to relax and worry less about consequences at their party can encourage guests ahead of time to volunteer as a designated driver.

By keeping a few basics in mind, hosts can help to ensure a safe and positive experience for everyone, including the designated drivers, as follows:

- Advance planning is key ask guests to volunteer well before the party.
 Let everyone know you will
- serve alcohol-free drinks.

 Ask those who plan to drink to leave their vehicles at
- home.
 Remind volunteers that a designated driver abstains from alcohol.
- Keep the inconvenience to designated drivers to a min-



imum by matching them with

passengers who live close to their home. Tell them you will ask someone else to take a turn driving next time.

• Personally thank designated

drivers for helping to keep our roads safe.

Taking the time to show appreciation to those who volunteer is especially important. A recent research report by

Ipsos Reid, commissioned by Budweiser (called Designated Driving: A New Generation Comes Of Age) underscores the fact that recognition of designated drivers is key to encouraging more people to take on the role. Among those surveyed — adults of legal drinking age to 34 years old — the majority agreed that designated drivers don't get enough credit, and 85 per cent agreed that if designated drivers received more credit for what they do, more people would volunteer to be one.

Stay Safe This Holiday Season!



Swan
MLA for Minto
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AndrewSwan.ca



Braun MLA for Rossmere 204-667-7244 ErnaBraun.ca



Melanie Wight MLA for Burrows 204-421-9414 MelanieWight.ca



Nancy Allan MLA for St. Vital 204-237-8771 NancyAllan.ca

PLEASE DON'T DRINK&DRIVE

Metro and its partners would like to wish you and your family a safe and happy holiday!



NFL

Steelers coach's sideline shuffle proves costly

Steelers coach Mike Tomlin's ill-timed two-step has cost him \$100,000 and could cost his team a pick in next year's draft.

The league fined Tomlin \$100,000 on Wednesday for nearly colliding with Baltimore's Jacoby Jones during a kickoff return on Thanksgiving. THE ASSOCIATED PRESS

Keon Clark

Ex-Raptor gets 8 years in prison

Former Toronto Raptor Keon Clark, who has said he is trying to turn his life around, was sentenced to eight years in prison Wednesday in a plea agreement with prosecutors on weapons and driving under the influence charges.

Clark pleaded guilty to two charges in two separate cases and was given four years for each count. He previously faced weapon, drug and trafficrelated charges.

THE ASSOCIATED PRESS

MLB

Red Sox begin revamping club

Jacoby Ellsbury went to the New York Yankees. Jarrod Saltalamacchia

is gone, too.

The Boston Red Sox
began rebuilding for their
World Series title defence
Wednesday when they
signed free-agent catcher
A.J. Pierzynski to a oneyear contract.

"Looking at what they have coming back, there's definitely a chance to do it again," Pierzynski said in a conference call.



Sochi in sights of top teams at Roar

Curling. Jacobs, Martin set to duel for direct path to final at Olympic curling trials

One more win and Kevin Martin's dream of curling in another Olympics is a lot closer to reality.

The veteran Edmonton skip has been to three, winning silver in 2002 and gold in 2010.

Martin and co-leader Brad Jacobs will face off Thursday at the Olympic trials and one of them will take sole possession of first place, with the bonus of a free ride into the men's final Sunday.

"I really would love to get to one more Olympics and you know we have a shot at it," Martin said after disposing of John Epping 9-5 in nine ends Wednesday.

"But we have to play really well and we have to somehow get to that final game Sunday and we've got a long way to go to get there."

John Morris suffered just his second loss, dropping 8-6 to Jacobs after running out of rocks in 10. Morris made a game of it, scoring two and stealing two to tie it up going into nine.

Despite a couple of mistakes, Jacob's foursome out of



Edmonton skip Kevin Martin throws as second Marc Kennedy, left, and lead Ben Hebert sweep during Draw 10 against John Epping at the Roar Of The Rings on Wednesday afternoon at MTS Centre. JOHN WOODS/THE CANADIAN PRESS

Sault Ste. Marie, Ont., shook it off, scored two in the ninth and showed why they've won five straight. And winning Thursday is just as much in their sights for the straight path to the final it offers.

"You're already in the final," said Jacobs. "You've got one more game to go and you're in the Olympics. We know what's

on the line tomorrow and we're up to the challenge."

Three losses was considered a tough sell to make the playoffs, but it's not impossible at the Tim Hortons Roar of the Rings

Jeff Stoughton already has three but he didn't add to the number with a 10-6 win over winless Kevin Koe in eight ends. Then Glen Howard drew to the button to beat Mike McEwen 6-5.

McEwen joined Howard and Stoughton at 2-3 while Epping fell to 1-4 and Morris sits alone at 3-2

Stoughton knows his odds are very slim to make the playoffs but at least the tight race

Women's action

Veteran Jennifer Jones clinched a spot in the finals of the Canadian Olympic curling trials, with a 7-6 victory over Rachel Homan on Wednesday night.

 Winnipeg's Jones, a fourtime Canadian champion, upped her record to 5-1 when she stole a point in the 10th end.

below the leaders leaves him some hope.

"Oh, definitely it's a long shot," he said. THE CANADIAN PRESS

notaling out hope



"One of us is going to have three (wins).... Who knows, but we at least get to think that we still have a chance."

Jeff Stoughton, who plays the other Winnipeg men's rink in the trials, skipped by Mike McEwen, in the evening draw Thursday.

CFL. Sheets one of five Rider all-stars, Ticats shut out

Grey Cup MVP Kory Sheets is one of five Saskatchewan Roughriders named to the 2013 CFL all-star team.

But the Hamilton Tiger-Cats, runners-up in last month's CFL championship game, failed to place a single player on the team voted on by the Football Reporters of Canada and the league's head coaches.

The 10-8 Ticats had earlier placed seven players on the East Division all-star team.

The Ticats tweeted they are the first team in league history to earn a spot in the Grey Cup without a single CFL all-star. That drew a "LOL" retweet from the Argonauts. The Ticats responded with a "..and we still ended your season. LOL!" tweet.

That prompted a "and then what happened?" tweet from the Argos, complete with a photo of Saskatchewan quarterback Darian Durant kissing the Grey Cup.

Calgary led all clubs with seven CFL all-stars, with running back Jon Cornish adding to a memorable season that has already netted him the league's Most Outstanding Player and Outstanding Canadian awards. Toronto had five all-stars while Montreal had four, B.C. three, Edmonton two and Winnipeg one.

In 2013, Cornish won his second straight rushing title by gaining 1,813 yards, fourth-highest in league history. He also led the league and set a Calgary franchise record with 2,157 yards from scrimmage.

His season was marked by nine 100-yard games — including a Stamps-record five straight — and a career-best 208-yard outing Oct. 5 against Winnipeg.

THE CANADIAN PRESS



Defensive linebacker Henoc Muamba was the lone Blue Bomber named to the CFL all-star team. THE CANADIAN PRESS

metr⊕ **SPORTS** metronews.ca Thursday, December 5, 2013



n boy after practice at Lasker Rink in New York's Central Park Saturday to the Central Division has forced the Jets to take longer road trips this season. JASON DECROW/THE ASSOCIATED PRESS

Swimming in it

Lundqvist set to become highestpaid NHL goalie

Rangers goalie Henrik Lundqvist agreed to a longterm contract extension with the New York Rangers on Wednesday.

He agreed to a sevenyear contract worth \$59.5 million, raising his salarycap charge from \$6.875 million to \$8.5 million and making him the NHL's highest-paid goalie.

The deal should keep him starring on Broadway for the rest of his career.

"To picture myself anywhere else, it was just wrong and it was never an option," Lundqvist said Wednesday after practice.

The Swedish native is off to a slow start this season, especially by his standards, going 8-11 with a 2.51 goals-against average and a .917 save percentage in 20 games.

Lundqvist's deal will take him through the 2020-21 season and keep him away from free agency until he is nearly 40.

"He is everything that you would want on and off the ice," team owner James Dolan said.

THE ASSOCIATED PRESS

Canadiens. Desharnais and Eller tip the scale in Montreal's 4-3 rally win

David Desharnais scored the tying goal with 37 seconds left in the third period and added a goal in the shootout and the Montreal Canadiens rallied for a 4-3 victory over the New Jersey Devils on Wednesday.

Lars Eller also scored in third period and shootout for Montreal.

Rookie Reid Boucher, making his NHL debut, scored for the Devils in the shootout, breaking a string of 20 straight missed chances by the Devils, who are 0-5 in shootouts this season.

Patrik Elias' unassisted goal at 18:54 had given the Devils a 3-2 edge, but Desharnais redirected a slapshot by Brian Gionta to score at 19:23 for Montreal and force over-

The teams combined for five goals in the third period. The Devils led 2-1 before

Eller scored on a backhand to tie the score at 2-2 at 16:10.

Andrei Loktionov and Michael Ryder each scored in the third period to give the Devils a 2-1 lead. Boucher assisted on Ryder's goal.

Gionta scored in the first period to give Montreal a 1-0



nais against the Devils on Wednesday. AL BELLO/GETTY IMAGES

lead and goalie Peter Budaj made it hold until Loktionov scored 4:19 into the third period to tie it at 1-1.

Ryder's seventh goal off a pass from Boucher broke the

Loktionov received a pass from Marek Zidlicky before he spun inside and let loose a sailing shot past Budaj for a 1-1 tie. Ryder's shot beat Budaj to the far side.

Gionta scored at 10:36 of the first on a pinpoint pass from the outer edge of the left circle by Daniel Briere.

THE ASSOCIATED PRESS

Jets collecting more miles despite move to Central

Geography issue.

Winnipea's location to blame for distant flights anywhere

It's not the conference, it's the geography for the Jets.

They're in the Central Division and the Western Conference now after being stuck in the Southeast for two seasons. When the NHL realigned for this season, the Jets welcomed the move because the trade-off for tougher competition was more meetings with natural rivals and more games in the Central Time Zone.

That means more chances for players to sleep in their own beds. But as the Jets get to the tail end of their longest road trip of the season, they know it'll never be a perfect

The Forechecker blog calculates the distances flown by NHL teams:

- The Jets flew 71,820 kilometres in the last full season in 2011-12.
- The Jets are set to travel 74,797 kilometres this

situation.

"Just the geography of Winnipeg, it's not really close to many NHL cities, so we're going to be travelling quite a bit,' Blake Wheeler said in a phone interview from Florida, where the Jets face the Panthers on Thursday. "I think that's just the way it's going to be as long as there's a team in Winnipeg.

The team has 13 one-game trips this season, but a long one like this can pay divi-

No longer must the Jets make multiple trips to Washington, Raleigh, N.C., Sunrise, Fla., and Tampa.

"It's been kind of nice this trip to get all these games out of the way at the same time, six games in one trip," said Mark Stuart.

Whatever the reason, the Jets have thrived. Their only loss on the trip came at the Philadelphia Flyers, having beaten the New York Rangers, New York Islanders and New Jersey Devils.

Not enough yet to put them where they would like to be. Going into Wednesday night's games around the league, Winnipeg was six points out of the second wild-card spot in the West. THE CANADIAN PRESS

NHL

EASTERN CONFERENCE

ATLANTIC DIVISION

	GP	W	L	0L	GF	GΑ	Pt
Boston	27	18	7	2	75	55	38
Montreal	29	17	9	3	80	62	37
Detroit	28	14	7	7	78	73	35
Tampa Bay	27	16	10	1	76	67	33
Toronto	28	14	11	3	77	77	31
Ottawa	28	11	13	4	82	92	26
Florida	28	7	16	5	61	95	19
Buffalo	28	6	20	2	48	85	14
METRODOLI	INAT	NIV	ICI	IAO			

	GP	W	L	0L	GF	GA	Pt
Pittsburgh	29	19	9	1	89	66	39
Washington	28	14	12	2	83	82	30
NY Rangers	28	14	14	0	62	71	28
New Jersey	29	11	12	6	64	71	28
Carolina	28	11	12	5	61	79	27
Philadelphia	27	12	13	2	57	65	26
Columbus	28	11	14	3	68	80	25
NY Islanders	28	8	15	5	74	96	21

Wednesday's results Montreal 4 New Jersey 3 (SO) Philadelphia at Detroit Phoenix at Calgary

Tuesday's results San Jose 4 Toronto 2 Phoenix 6 Edmonton 2

Vancouver 3 Nashville 1 Ottawa 4 Florida 2 Carolina 4 Washington 1 Columbus 1 Tampa Bay 0 Pittsburgh 3 NY Islanders 2 (OT) Dallas 4 Chicago 3

Los Angeles 3 Anaheim 2 (SO) Thursday's games

All times Eastern

Dallas at Toronto, 7 p.m. San Jose at Pittsburgh, 7 p.m. NY Rangers at Buffalo, 7 p.m. Winnipeg at Florida, 7:30 p.m. Boston at Montreal, 7:30 p.m. Ottawa at Tampa Bay, 7:30 p.m. Carolina at Nashville, 8 p.m. NY Islanders at St. Louis, 8 p.m. Chicago at Minnesota, 8 p.m. Colorado at Edmonton, 9:30 p.m Friday's games

San Jose at Carolina, 7 p.m. Minnesota at Columbus, 7 p.m.

WESTERN CONFERENCE

CENTRAL DIV	ISIC	M					
	GP	W	L	0L	GF	GΑ	Pt
Chicago	29	20	5	4	105	80	44
St. Louis	26	18	5	3	91	60	39
Colorado	25	19	6	0	76	52	38
Minnesota	29	16	8	5	70	67	37
Dallas	26	13	9	4	74	76	30
Winnipeg	29	13	12	4	78	82	30
Machvillo	28	12	12	3	63	72	20

DACIFIC DIVICION

PACIFIC DIV	13101						
	GP	W	L	0L	GF	GΑ	Pt
San Jose	27	19	3	5	96	62	43
Anaheim	30	18	7	5	93	80	41
Los Angeles	29	18	7	4	76	62	40
Phoenix	27	16	7		91	86	36
Vancouver	30	15	10	5	80	78	35
Calgary	26	9	13	4	70	93	22
Edmonton	29	9	18	2	75	101	20
Note: 2 points	for a v	win,	1 p	oint	for		
overtime loce							

Detroit at New Jersey, 7 p.m. Anaheim at Chicago, 8 p.m. Colorado at Calgary, 9 p.m.

SCORING LEADERS

	G	Α	Pt
Crosby, Pgh	15	23	38
Malkin, Pgh	7	30	37
Kane, Chi	16	16	32
Getzlaf, Ana	14	18	32
Tavares, NYI	11	21	32
Steen, StL	20	11	31
Perry, Ana	16	15	31
Ovechkin, Wash	21	9	30
Zetterberg, Det	11	19	30
Thornton, SJ	5	25	30
Kunitz, Pgh	14	14	28
Couture, SJ	10	18	28
H. Sedin, Van	7	21	28
Karlsson, Ott	7	20	27
Ryan, Ott	14	12	26
Wednesday's games not in	cluded		

MLS PLAYOFFS

MIS CUP

Saturday's game Kansas City vs. Salt Lake, 4 p.m., EST

Thursday's game — All times Eastern Houston at Jacksonville, 8:25 p.m. Sunday's games

Kansas City at Washington, 1 p.m. Minnesota at Baltimore, 1 p.m Buffalo at Tampa Bay, 1 p.m. Oakland at N.Y. Jets, 1 p.m. Miami at Pittsburgh, 1 p.m. Cleveland at New England, 1 p.m. Indianapolis at Cincinnati, 1 p.m. Atlanta at Green Bay, 1 p.m. Detroit at Philadelphia, 1 p.m. Tennessee at Denver, 4:05 p.m. N.Y. Giants at San Diego, 4:25 p.m. Seattle at San Francisco, 4:25 p.m. St. Louis at Arizona, 4:25 p.m. Carolina at New Orleans, 8:30 p.m. Monday's game Dallas at Chicago, 8:40 p.m.

NBA

Wednesday's results Atlanta 107 L.A. Clippers 97 Cleveland 98 Denver 88 Phoenix 97 Houston 88 Dallas 100 New Orleans 97 Detroit 105 Milwaukee 98 San Antonio vs. Minnesota, ppd. Indiana at Utah Oklahoma City at Portland

Tuesday's results Philadelphia 126 Orlando 125 (20T)

Denver 111 Brooklyn 87 Boston 108 Milwaukee 100 Detroit 107 Miami 97 Memphis 110 Phoenix 91 Dallas 89 Charlotte 82 Oklahoma City 97 Sacramento 95 Golden State 112 Toronto 103

Thursday's games — All times Eastern
New York at Brooklyn, 7 p.m.

L.A. Clippers at Memphis, 8 p.m. Miami at Chicago, 9:30 p.m.

Friday's games

Philadelphia at Charlotte, 7 p.m.

Milwaukee at Washington, 7 p.m. Denver at Boston, 7:30 p.m. Orlando at New York, 7:30 p.m. Cleveland at Atlanta, 7:30 p.m. Golden State at Houston, 8 p.m. Oklahoma City at New Orleans, 8 p.m. Toronto at Phoenix, 9 p.m. Utah at Portland, 10 n m L.A. Lakers at Sacramento, 10 p.m.

See today's answers at metronews.ca/answers. BY KELLY ANN BUCHANAN

Horoscopes

T Aries March 21 - April 20

A friend you have not seen for a while will come back into your life today, tomorrow or over the weekend. This time, when you say farewell, promise to stay in touch — and mean it.

Taurus April 21 - May 21

What you focus your attention on today will seem more important than it is, so make sure you focus on positive things. Your mind is a powerful tool and can create happiness as easily as it creates sadness.

I Gemini May 22 - June 21

Partners and loved ones will be full of themselves today and you may find it hard to get a word in edgeways. Give the impression you are listening, even if your mind is far away.

9 Cancer

June 22 - July 23

You have much to do over the next 24 hours, so start early and don't expect to get home until late. When your head hits the pillow, put all the worries of the day behind you. Tomorrow will be as trying. Get some rest.

$\mathbf{\Omega}$ Leo July 24 - Aug. 23

Mercury, planet of communication and the mind, joins the

Sun in the most creative area of your chart today. What does that mean? You must let the world know your achievements of which there are plenty.

W Virgo Aug. 24 - Sept. 23

What happens today, tomorrow and over the weekend may look chaotic but if you cross your eyes slightly, you will see there is a pattern. Never doubt that your life is moving in the right direction.

△ Libra Sept. 24 - Oct. 23

The more you are on the move the today, the more likely it is you'll meet people who bring a smile to your face. What could be more important than that?

M Scorpio Oct. 24 - Nov. 22

You will, as usual, get your way today and you will, as usual, win whatever battle of words and wits you are involved in. But, just because you win does not mean you are right.

プ Sagittarius Nov. 23 - Dec. 21

If you are not doing so already, you should be making big plans. Cosmic activity in your birth sign indicates that the more things you start the more you will accomplish and the more fun you will have.

り Capricorn Dec. 22 - Jan. 20

It may seem as if you are being held back by circumstances beyond your control but is that true? The planets indicate it's likely that you're putting mental obstacles in your path that have no reason being there.

⋄ Aquarius Jan. 21 - Feb. 19

Friendships and social activities are under excellent stars but why wait for other people to make things happen? Get out and make them happen yourself. A sense of adventure will take you a long way.

) Pisces Feb. 20 - March 20

Someone in a position of authority will praise you for a job well done and your confidence will go through the roof. But don't get sloppy. The reason you did such a good job was because you planned and worked hard. SALLY BROMPTON

Crossword: Canada Across and Down

Across

- 1. Supreme god of Greek myth 5. Actress Cameron 9. Snail's trail
- 14. Once 15. "Why,
- honoured!"
- 16. Hermit 17. "Canada AM"
- viewing time 19. Hockey game
- instrument 20. Harsh
- 21. City on Lake Ontario between Hamil-
- ton and Toronto 23. Dadaist Jean
- 24. Top notcher
- 27. Simplicity 28. Winter shovel-
- ler's side-of-driveway creation
- 30. Obi-__ Kenobi 33. Diminutive data
- 36. CD part, variantly 37. Q. "___' ' a U2
- song?" A. "Yes." 39. Regina-born actor
- Leslie 41. It's helpful in making a comparison
- 43. Military trainee 44. 19th-century Danish composer,
- Niels 46. Prefix meaning 'Thought'
- 47. 'Verb' suffix (Wordy)
- 48. Not a good fit 51. Uncommon, in Latin
- 53. Writer Roald

- 31
- 43 45
- 54. Directions provider 57. China's biggest
- city 60. Depart
- 62. "Rolie __ Olie" 63. Toronto transport
- 66. For see (Open for the public) 67. Promissory notes
- America 70. Family 71. Sacred

69. Ancient civil-

ization of Central

68. Stylish

- Down 1. Z as in 2. Mistake
- 5. "Who cares?" = "What's the ___?"
- 6. Ms. Lupino 7. Does sponge work

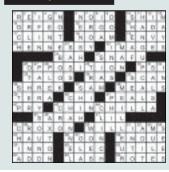
3. Consume com-

4. Pre-wedding event

pletely: 2 wds.

- 8. Catherine __-Jones 9. European country where Bratislava is
- the capital 10. Loughlin and Singer
- 11. Artsy area of Calgary 12. Lunch, for example
- 13. Coastal bird [var. sp.] 18. Genghis __ (Mon-

- gol emperor)
- 22. Mattel guy 25. Encrypt
- 26. "Dallas" family,
- The 28. Exclusive
- 29. Evangeline's
- home
- 31. Ms. Jolie, to pals
- 32. Single-named
- singer with a hyphen
- in his name
- 33. Sudbury land-
- mark, __ Superstack 34. Ms. Vardalos, and
- others 35. __-funded agency
- 38. Dropped in standings
- 40. Primitive fish
- 42. Belgium neigh-
- bour, for short 45. Michael Fer-
- guson, __ General of
- Canada
- 49. "Uh-uh."
- 50. She, in Sher-
- brooke
- 52. "West Side Story"
- (1961) character
- 54. Manly
- 55. Help
- 56. "When a Man
- Loves a Woman" by
- Sledge 57. Meat-in-a-can
- 58. Greeting in
- Granada!
- 59. "Be that ____ may..."
- 61. Engrave
- 64. Ms. McClanahan
- 65. 'Legal' suffix
- (Lawyer-speak)



Sudoku How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

3	4	8	6	1	7	9	2	5
6	θ	1	4	9	2	7	3	8
7	9	2	3	0	5	6	1	4
8	3	5	7.	8	9	2	4	1
6	2	4	8	5	1	3	9	7
9	1	7	2	4	3	8	5	6
2	7	6	1	3	4	6	8	9
4	5	3	9	7	8	1	6	2
1	11	9	5	2	6	4	7	3

3	7	9	3	4	1	5	6	Ė
	1	2	5	4	8	9	3	
8	6						1	3
	9	3	8		2	7	5	

Weather

TODAY

MAX: -16°

FRIDAY

MAX: -21° :**%**: MIN: -26°





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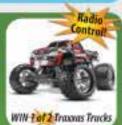
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